

DATE _____

SCLEROTHERAPY consists in injecting a sclerosing agent using a very thin needle within a varicose or spider vein in order to eliminate it.

HOWEVER, CERTAIN SIDE EFFECTS FOLLOWING THIS PROCEDURE, SUCH AS THE FOLLOWING, MAY PROVE UNPLEASANT:

1. Bruises at the injection site, which usually disappear within 1-2 weeks.
2. Local irritation with associated redness.
3. Induration of the treated vein, which appears as a cord that may be sensitive to touch. This reflects the treatment's effectiveness and will progressively fade. In some cases, a fine-needle aspiration or evacuation puncture will alleviate the pain
4. Temporary skin hyperpigmentation (dark colouring) along the vein, which will fade on its own. Rarely persists beyond 6-12 months.
5. Ulceration at the injection site, which will heal within 3 months.
6. Accentuation, extension or apparition of spider veins (telangiectatic matting), which will fade within 3-12 months or may require additional minor treatment(s).
7. An allergic reaction to Thromboject (sclerosing agent), which may cause reversible side effects in foam form, such as migraine (4%), vision issues (1.4%) or, in very rare cases, temporary symptoms of stroke (dizziness, difficulty speaking).
8. An allergic reaction to the adhesive bandage.
9. Haemorrhaging or an unusual infection.
10. Very rarely, in 0.6% of cases, deep vein thrombosis, occasionally exacerbated by a pulmonary embolism, as an inter-arterial injection may cause skin or muscular necrosis.

AN ADDITIONAL \$50 FEE WILL BE CHARGED ON THE FOLLOWING VISIT FOR ANY UNJUSTIFIED APPOINTMENT CANCELLATION.

PIERRE LAROSE, M.D., F.R.C.S.(C)
VASCULAR SURGEON

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RECOMMENDATIONS FOR BEFORE SCLEROTHERAPY TREATMENT

11. Do not apply skin cream, with the exception of an anaesthetic cream, as needed. Avoid shaving or waxing the area within 48 hours prior to the treatment.
12. Wear loose-fitting pants or a long, loose skirt. You may also wear a pair of shorts during treatment.

RECOMMENDATIONS FOR AFTER SCLEROTHERAPY TREATMENT

1. Walk for about 10 minutes to avoid muscle spasms and promote circulation.
2. Remove the cotton balls and adhesive bandages 1 hour after treatment.
3. Pursue all daily activities thereafter, avoiding any intensive or impact sports over the first 48 hours. Walking regularly is strongly recommended.
4. Wear support hose/socks, as needed.
5. Take Tylenol or Advil in case of pain or swelling.
6. Apply cold compresses for 15 minutes 3 to 4 times a day, as needed.
7. Avoid exposure to sunlight or tanning lights for 2 weeks following treatment. Otherwise, protect the skin around any scars and bruised areas using a full-protection sunscreen (FPS 30 or better).
8. To avoid any discomfort, avoid heat sources, such as saunas, spas, electrolysis or hot wax hair removal, for 2 weeks following treatment.

I understand that the number of sclerotherapy treatments will depend on the severity of my case, response to treatment, as well as expected results. I understand and accept that varicose veins are a chronic condition that may evolve over time, which is why additional treatments may be required during follow-up visits.

I, the undersigned, hereby declare having been thoroughly informed, in a clear, unequivocal manner, of the inherent benefits and risks of this type of treatment. Thanks to the explanations given by vascular surgeon Dr. Pierre Larose, I have read, understood and fully consent to this treatment.

SIGNATURE

WITNESS

DATE

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PIERRE LAROSE, M.D., F.R.C.S.(C)
VASCULAR SURGEON